


NEWSLETTER



Sarina Aged RESIDENTIAL HOME INC

MARCH 2019

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One of the many beauty spots at our beautiful home 

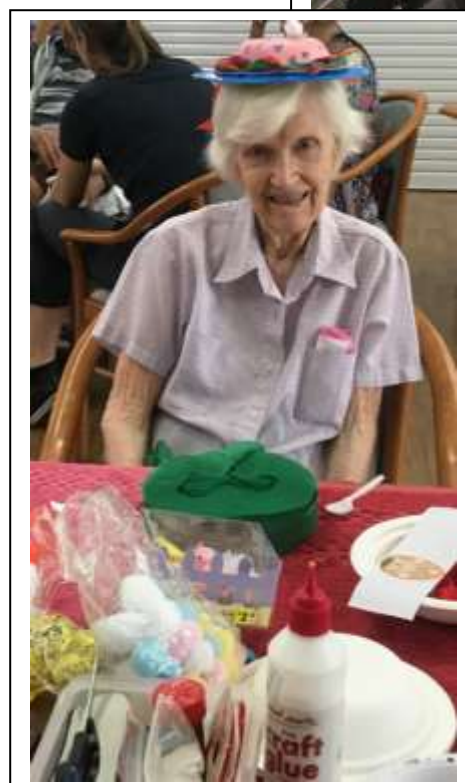


Check out Sarina Residential Home Inc Website:- visit www.sarh.com.au

Well 2019 is already speeding by with Easter just a few days away. Don't forget to get some tickets in our multi prize raffle – 10 delicious prizes to be won! Just \$1 per ticket! See Lyn or Tracey to buy yours now!



Speaking of Easter our crafty residents have been very hard at work creating beautiful Easter Bonnets! Great work indeed!





What a commendable effort by our very own Alma Tuck! Alma has spent many painstaking hours crocheting over 16 blankets and many beanies all to be donated to the Women's Shelter in Mackay! There will be lots of Mums and kids quietly grateful to you this Winter Alma.

A warm smile is the universal language of kindness and friendship.



We all extend a warm welcome to the newest members of our family – residents Annie, Dorothy Phil and Anna and staff members Nadene, Tanya and Mey!

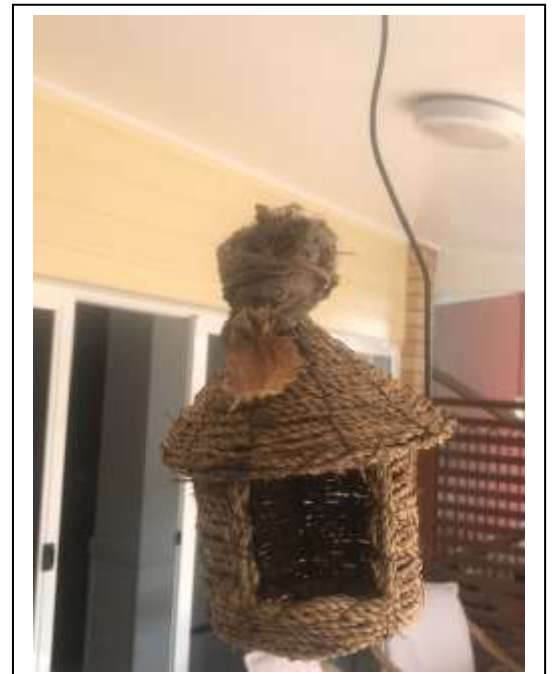
GAMES AND COFFEE CLUB



The Games and Coffee Club is being



thoroughly enjoyed on a Wednesday afternoon!



Our dear little birds have returned to the Lavender gardens and rebuilt their nest – this time on top of the nesting box we supplied! Guess you can't argue with nature!

What a great poem by the late Spike Milligan about smiling

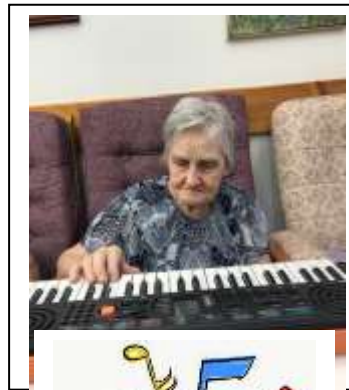
Smiling is infectious
You catch it like the flu
When someone smiled at me today
I started smiling too
I walked around the corner
And someone saw me grin
When he smiled I realised
I had passed it on to him
I thought about the smile
And then realised its worth
A single smile like mine
Could travel round the earth
So if you feel a smile begin
Don't leave it undetected
Start an epidemic
And get the world infected.

Visit from Aurizon


We were extremely fortunate to receive a visit from the workers at Aurizon! They all chipped in to help beautify the grounds of our home – they weeded, gardened, refreshed the animal cages and then enjoyed morning tea and mingling with residents! We cannot express our gratitude enough – and look forward to a return visit!



We recently purchased a mini keyboard for the activity room! How amazing to both hear and see the joy and sounds that have been produced!



THANKYOU ROTARY

A huge thankyou to the local Rotary members for giving our bus a much needed facelift! They scrubbed and cleaned and polished and I'm sure all will agree the end result was nothing less than outstanding! We are very appreciative of your time and efforts 



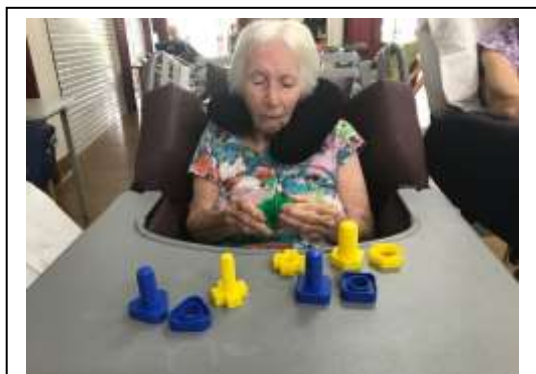
*Wrinkles mean you
laughed,
Grey hair means you
cared
Scars mean you have lived*

RESIDENT NEWS

Aileen Shanks recently celebrated her 90th Birthday. She had a lovely day with her family.



And great excitement for Elma Campbell recently when her beautiful granddaughter Kate married the love of her life Kieran – over in Ireland! And look at that gorgeous little Eevee in attendance



Never a dull moment in the activity room 😊



OUR ANIMALS

Studies have proven that contact with animals is a positive thing for people of all ages! Animals are just a part of our home. Staff and residents alike love sharing the love with Phoebe our dog, Tiger Lily and Connie our cats, Mr King the cockatiel, our two parrots, fish and our new daycare pup Charlie (who actually belongs to Maintenance Man Ian). Oops and how could we possibly forget our precious guinea pigs (AKA the rats)!



Thursday 25th April 2019 Anzac Day.

*Wishing everyone the
very best For Easter.*

NEXT NEWSLETTER
JUNE 2019